



The Iowa

F O E

JANUARY 2016  
Vol. 11 Issue 5



# Connection

**SPIRAL BOUND CONSTITUTION ARE NOW AVAILABLE!!!!**

**Order yours today, cost remains \$6.00**



## WINTER BOARD MEETING JANUARY 8-10, 2016

**HOLIDAY INN & SUITES  
4800 MERLE HAY ROAD  
DES MOINES, IOWA**

**\$78.40 (all inclusive) PER NIGHT—2 QUEENS OR ONE KING  
\$123.20 Junior & Extended  
\$156.80 Family & Parlor Suites  
RESERVATIONS 515-278-4755**

**THIS PRICE IS GOOD UNTIL DECEMBER 18, 2015  
MAKE YOUR RESERVATIONS EARLY  
(YOU CAN ALWAYS CANCEL)  
THE MORE ROOMS WE HAVE BOOKED THE LESS  
THE STATE HAS TO PAY FOR MEETING ROOMS.**

**FRIDAY (WISCONSIN ROOM)  
BYOB AND SNACK TO SHARE  
SATURDAY  
10:00 BOARD MEETING  
1:00 JOINT MEETING**

**Bennigan's Irish-American Grill and Tavern  
Lunch & Dinner from 11:00 am—11:00 pm  
One side of restaurant is a quiet casual dining atmosphere, and the  
other has a great sports bar with happy hour 4:00 pm-7:00 pm  
Complimentary Shuttle within 5 miles**

**FOOD AND DRINK MAY BE BROUGHT IN**

## LeMars State Charity "AUCTION"

**Le Mars Eagles Club  
Saturday, January 30  
Eagles Charity Night  
Chicken & Chop Buffet  
5:00 To 7:00 Pm  
Auction Will Follow  
Donations By Local  
Merchants And Individuals  
Proceeds Go To  
Eagles Charity's  
Kenny's Karaoke  
Will Follow The Auction**

## OFFICER TRAINING

There will be an Officer Training in Cedar Rapids, on February 6, 2016 beginning at 9:00 AM.

Plan to attend Cedar Rapids State Charity Night on February 5, stay for the training, and then support Manchester Wild Game Feed following.

Hope to see everyone there!!!

Questions? Contact Steve Zimmerman, 641-782-4386 or Rusty Clark 641-203-1001



**foeiowa.com**

# CALENDAR *of Events*

## JANUARY

- 8 – 9 Winter Board Meeting – Des Moines—Holiday Inn
- 29—Sheldon State Charity Night
- 30 – Le Mars State Charity Night

## FEBRUARY

- 5 – Cedar Rapids State Charity Night
- 6 – Manchester State Charity Night
- 12—Fairfield State Charity Night
- 13 – Ottumwa Sate Charity Night
- 20 – Grinnell State Charity Night

## MARCH

- 5—Fort Dodge State Charity Night
- 11—Burlington State Charity Night
- 12 – Centerville State Charity Night
- 18 – Council Bluffs State Charity Night
- 18 – 20 Western Zone – Council Bluffs
- 25—Creston State Charity Night
- 26 – Chariton State Charity Night

## APRIL

- 2 – Iowa City State Charity Night
- 8 -10 MINK Conference – Omaha, NE
- 16 – Waterloo State Charity Night
- 22 – Clinton State Charity Night
- 22 – 24 Eastern Zone – Clinton
- 30 – Tama State Charity Night

## MAY

- 7—CA\$H BA\$H--Grinnell

## JUNE

- 15 – 19 State Convention – Des Monies

# MAKE GOOD MEDICINE for MEMBERSHIP



Indian Maidens, you deserve many feathers in your headdress! Medicine Man is proud to report that in November -- Iowa was 9th in the nation, reporting 60 new and re-enrolled members! I'm not sure what kind of peace pipes you have been using, but keep signing 'em up!

Happy Harvest: Clinton is continuing to build a mighty tall totem pole by signing 10 members and reaching double-quota (27)! Plus, the Indian Maidens in Burlington filled their tepee with 14 members! The WIN Club now has 7 members with the addition of Judy Pouch of Chariton and Cindy Nixon from Clinton, both with 5.

Good Medicine! We are over half-way to our annual quota of 540, with 309 already signed this year! Cedar Rapids and Iowa City both need one and Des Moines and Chariton need 2 to reach their quota. And for the first time in many years, Hawkeye District has had all 8 of their auxiliaries reporting, with Monticello signing 4 in the past month!

Don't forget that we will be having another membership contest in March. The high producing auxiliary will receive \$50. Plan an event and have a membership drive or have your secretary print a list of dropped members and invite them back. You can make Sweet Dreams happen if you set your mind to it!

Remember EMOAMA - Every Member Owes A Member Annually! Have you signed someone this year?

The Medicine Man  
Debbie 'Tonto' Gilson



## State Charity Report

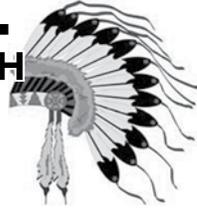
Hello Everyone,  
I hope everyone had a nice Thanksgiving & are enjoying the nice weather we are having for this winter so far. Well things have been a little slow since last month we had an awesome time in Des Moines

for their State Charity Night. Learned how to play Music Bingo, but not lucky enough to win. Loved the costumes that some of the Des Moines members were wearing. I also attended a craft & bake sale bazaar held in Iowa City on Dec. 4 & 5, there where people with their goods for sale and the Iowa City Ladies had table after table of baked goods for sale. The crowd was thin, could have been because those Hawkeyes where playing out of town, but it was nice of the Iowa City Club to invite me. Things slow down now for a while the next State Charity will be in Sheldon on Friday 29 for a Pizza party and LeMars on Saturday night. Hope to see you there. Jim & I would like to wish everyone a MERRY CHRISTMAS and a HAPPY NEW YEAR.

Robin Cunningham & Jim Zumbach,  
Iowa State Auxiliary & Aerie Charity Chairman



## Chief Crazyhorse, UGH



The holidays are in the past, now we can get really serious about doing what we do best....taking care of business. We need to get busy and fill our tepees with the Re-Enrollees (and new members). Ask your secretary for a list of dropped members, and find out the reason they are no longer a member.

Remember!! There are rewards for what you do. Your name will be put in for a \$25 drawing (Big wam-pum) and your Auxiliary will have gained another member.

It is a win-win for all.

God Bless;

Chief Crazy Horse

Rochelle McKay, Re-enrollment Chairman

## Aerie Membership Reports

AERIE #	DISTRICT	TOTAL ON ROLLS	YEARLY QUOTA	MONTHLY QUOTA	DEC 2015	YEAR TO DATE
<b>AERIE W POTTAWATTAMIE</b>						
104	Council Bluffs	330	36	3	1/0	13
1398	Creston	395	36	3	0/0	9
2715	Red Oak	146	12	1	4/0	15
3763	Atlantic	37	12	1	0/0	0
3784	Glenwood	155	12	1	2/3	11
3849	Shenandoah	102	12	1	5/0	8
3876	Missouri Valley	121	12	1	1/0	6
	<b>TOTAL</b>	<b>1286</b>	<b>132</b>	<b>11</b>	<b>13/3</b>	<b>62</b>
<b>AERIE SOUTHEAST LAKES</b>						
109	Des Moines	431	48	4	6/11	46
114	Ottumwa	200	24	2	3/0	10
150	Burlington	925	96	8	6/3	57
276	Oskaloosa	161	12	1	0/1	7
1287	Ft Madison	298	24	2	8/0	29
1927	Fairfield	183	24	2	1/0	26
2675	Centerville	237	24	2	3/0	23
2774	Chariton	59	12	1	0/0	4
3495	Osceola	150	12	1	0/0	10
3583	Albia	86	12	1	0/1	7
	<b>TOTAL</b>	<b>2730</b>	<b>288</b>	<b>24</b>	<b>27/16</b>	<b>219</b>
<b>AERIE HAWKEYE</b>						
764	Waterloo	425	48	4	3/1	13
2272	Cedar Rapids	412	36	3	0/0	17
2828	Tama-Toledo	369	36	3	6/2	25
3538	Manchester	123	12	1	0/0	6
4074	Cedar Falls	153	12	1	0/0	11
4114	Guttenberg	133	12	1	1/0	6
4466	Monticello	149	12	1	0/0	3
4512	Anamosa	71	12	1	0/0	0
4544	Independence	17	12	1	0/0	2
	<b>TOTAL</b>	<b>1852</b>	<b>192</b>	<b>16</b>	<b>10/3</b>	<b>83</b>
<b>AERIE THREE RIVERS</b>						
235	Davenport	209	24	2	0/0	38
568	Dubuque	233	24	2	3/0	66
695	Iowa City	613	60	5	1/1	38
705	Clinton	480	48	4	20/1	45
2545	Grinnell	250	24	2	0/0	6
3866	Maquoketa	194	24	2	0/1	21
4458	Asbury	237	24	2	0/0	3
	<b>TOTAL</b>	<b>2216</b>	<b>228</b>	<b>19</b>	<b>24/3</b>	<b>217</b>
<b>AERIE TALLCORN</b>						
1381	LeMars	207	24	2	0/0	5
1865	Hawarden	121	12	1	0/0	3
2297	Sheldon	547	60	5	1/0	17
3369	Ft Dodge	41	12	1	0/0	7
	<b>TOTAL</b>	<b>916</b>	<b>108</b>	<b>9</b>	<b>1/0</b>	<b>32</b>

Thinking of **YOU**

**Lisa Zook**

1115 North Court Street  
Ottumwa, IA 52501

## BREAKFAST at AERIE #109

**Sunday, January 10**

**8:00 – Noon**

Scrambled eggs

Choice of hamburger or chipped beef

Toast - Ham - Pancakes

**\$6.00**

Proceeds will go to Past Presidents  
Charity Fund

## Article Submissions

Deadline for articles to be included  
in the *Connection* is  
**the 15th of the month prior to  
publication.**

Send Items to:

Steve and Shelley Zimmerman  
303 South Elm Street  
Creston, Iowa 50801-3608  
Telephone: (641) 782-4386  
Cell Phone: (641) 344-6486  
24 hr. FAX: (641) 782-2272  
Email: [bulletineditor@iowatelecom.net](mailto:bulletineditor@iowatelecom.net)

## To Contact the Aerie State Secretary

Larry Hanshaw 3305 SE Glenstone Drive #167 • Grimes, IA 50111-5079

Phone: 515-986-3103 (H) or 515-321-1215 (C)

Email: [lphanshaw@mchsi.com](mailto:lphanshaw@mchsi.com)

## CATCH YOUR Dreams

How! Half way through the year already, like they say time flies when you're having fun! It's been a Great first half, I'm looking forward to the 2nd half, just as well. So far, the weather has been nice to us, hope it continues, but I don't think that will be the case. We will be traveling to Sheldon on the Jan. 29th and then on to Le Mars on the 30th. And Feb.5th to Cedar Rapids, and Manchester on the 6th. Can't forget Winter Board meeting on Jan.9th. It will be nice to see everyone again! The old wind is howling out there tonight, which brings me to the "Full Wolf Moon" This full moon appeared when wolves howled in hunger outside the villages. It is also known as the Old Moon. We need to help those starving wolves ( new members) , find them and bring them to our villages, don't let them howl in hunger, we must feed them with Eagledom! Happy New Year to All!! May you also find Good Health, Wealth & Happiness!

Sweet Dreams, MSP Chief Brenda



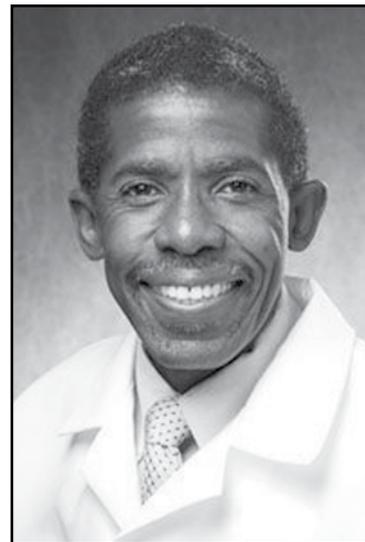
## E. Dale Abel appointed Chair and DEO of Internal Medicine

E. Dale Abel, MD, PhD, has been appointed the new Chair and Departmental Executive Officer of the University of Iowa Roy J. and Lucille A. Carver College of Medicine Department of Internal Medicine, effective Jan. 1, 2016.

During his tenure as chair, Dr. Abel will hold the Francois M. Abboud Chair in Internal Medicine and the John B. Stokes III Chair in Diabetes Research. He will retain his leadership role as Director of the Fraternal Order of Eagles Diabetes Research Center. He holds a joint appointment in the UI Carver College of Medicine as a professor of internal medicine and of biochemistry.

Dr. Abel joined the University of Iowa in 2013 from the University of Utah in Salt Lake City, where he was H.A. and Edna Benning Presidential Chair in Endocrinology, chief of the Endocrinology, Metabolism, and Diabetes division, and professor of medicine and biochemistry.

Dr. Abel is internationally recognized for his research on the molecular mechanisms responsible for cardiac dysfunction in obesity, type 2 diabetes, and type 1 diabetes, and for studies of the role of mitochondrial dysfunction in the development of insulin resistance, obesity, and its complications. He received a medical degree from the University of West Indies in Kingston, Jamaica. He was a Rhodes Scholar and Clinical Research Fellow with



**Dale Abel, MD, PhD**

Professor John G. Ledingham at the University of Oxford, England, where he also earned a DPhil (PhD) in physiology. He completed an internship and residency in medicine at McGraw Medical Center, Northwestern University Medical School, where he served as chief resident of Internal Medicine at the VA Lakeside Medical Center. He was a clinical and research fellow and instructor at Harvard Medical School before joining the faculty at University of Utah in 2000.

In the course of his career, Dr. Abel has received numerous national honors and awards, and has been a lecturer and visiting professor in the United States and internationally. He is primary or coauthor or editor on more than 170 scientific publications. Dr. Abel, a member of the American Society for Clinical Investigation and the Association of American Physicians, was elected to the National Academy of Medicine in October 2015.



## Marshall's Mustangs

Hello All!! Marshal George here wanting to wish you all a joyous Merry Christmas and a happy new year! 2015 is rapidly coming to a close. Its just hard to believe the year has gone so quick. Our numbers are growing and I can see a rise in numbers for 2016. 6 more months to go and I'm looking to double the number of new and reenrolls. Hey here's a idea give the gift of a membership for the new year for Christmas. Pick a name out of the hat of drops and sign them back up! Maybe even tell them they can pay it forward by bringing in their friends to get to know what the Fraternal Order of Eagles are all about. I could tell the first time I came into the Eagles club that they are a great and caring organization of People Helping People! Just remember sign JUST ONE for your Worthy Iowa State President Steve Langton! Signing off now and Merry Christmas and Happy New year from the Marshal George family!



## NOTICE AERIE AND AUXILIARY

**DECEMBER PER CAPITA IS DUE  
PLEASE TAKE CARE OF THIS ASAP**

# Grand Madam's Presidents Visit

Grand Madam President Penny Skinner will be visiting the State Of Iowa March 8th – 10th, 2016. She is scheduled to visit the Tama-Toledo Aux. (home of SMP Brenda Younbear) on Wednesday, March 9th and the Creston Aux. (home of Regional President Shelley Zimmerman) on Thursday, March 10th. If you would be interested in hosting a visit by the Grand Madam President while she is in the Eastern part of Iowa please send a request to me – email is fine! NO LATER THAN DEC. 30, 2015. So arrangements can be made for

Her visit. The Grand Auxiliary does ask that you provide payment of her room during her visit.

Also, it is customary that the SMP presents a check to the Grand Madam President from the sisters in Iowa at some time during her visit. Please forward any monetary donations from your Auxiliary to the State Secretary at the address below as soon as you can.

Mail donations and request for a visit to:

Iowa State Auxiliary, F.O.E.  
Cindy Balsanek, Secretary  
PO Box 11127  
Cedar Rapids, IA 52410-1127

If you have any questions please feel free to contact me after 6:00 pm at 319-350-3966.

## Follow Us On Facebook



Join the more than 9,300 people getting their news instantaneously through the Grand Aerie's Facebook page. We're constantly working to develop new tools and programs for our members and sharing their great efforts with the outside world. Through Facebook, we can connect instantly with anyone, anywhere. Each day our fan base grows, spreading the word about their upcoming events and learning more about the latest tools we have to offer. Follow us today by visiting [facebook.com/FOEGrandAerie](https://www.facebook.com/FOEGrandAerie) and clicking the "Like" button!

Check out our website!  
**[www.foeiowa.com](http://www.foeiowa.com)**

## Auxiliary Membership Reports

AERIE#	DISTRICT	TOTAL ROLLS	YEARLY QUOTA	MONTHLY QUOTA	DEC 2015	YEAR DATE
<b>AUX W POTTAWATTAMIE</b>						
104	Council Bluffs	194	24	2	1/0	15
1398	Creston	212	24	2	0/0	5
2715	Red Oak	146	12	1	0/1	8
3763	Atlantic	21	12	1	0/0	0
3849	Shenandoah	75	12	1	0/0	5
3876	Missouri Valley	96	12	1	3/0	8
	<b>TOTAL</b>	<b>744</b>	<b>96</b>	<b>8</b>	<b>4/1</b>	<b>41</b>
<b>AUX SOUTHEAST LAKES</b>						
109	Des Moines	242	24	2	4/1	22
114	Ottumwa	130	12	1	0/0	6
150	Burlington	408	36	3	12/2	22
276	Oskaloosa	79	12	1	0/0	3
1287	Ft Madison	216	24	2	0/1	17
1927	Fairfield	151	12	1	0/0	9
2675	Centerville	151	12	1	0/0	14
2774	Chariton	69	12	1	4/0	10
3495	Osceola	98	12	1	0/0	0
3583	Albia	79	12	1	0/0	4
	<b>TOTAL</b>	<b>1623</b>	<b>168</b>	<b>14</b>	<b>20/4</b>	<b>107</b>
<b>AUX HAWKEYE</b>						
764	Waterloo	275	24	2	0/0	4
2272	Cedar Rapids	265	24	2	4/1	23
2828	Tama-Toledo	273	24	2	4/1	13
3538	Manchester	65	12	1	0/0	3
4074	Cedar Falls	30	12	1	0/0	1
4114	Guttenberg	69	12	1	1/0	2
4466	Monticello	77	12	1	4/0	4
4512	Anamosa	36	12	1	0/0	3
	<b>TOTAL</b>	<b>1090</b>	<b>132</b>	<b>11</b>	<b>13/2</b>	<b>53</b>
<b>AUX THREE RIVERS</b>						
235	Davenport	158	12	1	0/1	19
568	Dubuque	65	12	1	1/0	5
695	Iowa City	250	24	2	4/0	23
705	Clinton	118	12	1	10/0	27
2545	Grinnell	134	12	1	0/0	6
3866	Maquoketa	130	12	1	2/0	8
4458	Asbury	95	12	1	4/0	4
	<b>TOTAL</b>	<b>950</b>	<b>96</b>	<b>8</b>	<b>21/1</b>	<b>92</b>
<b>AUX TALLCORN</b>						
1381	LeMars	106	12	1	0/0	1
1865	Hawarden	77	12	1	0/0	3
2297	Sheldon	140	12	1	0/0	8
3369	Ft Dodge	36	12	1	0/0	3
	<b>TOTAL</b>	<b>359</b>	<b>48</b>	<b>4</b>	<b>0/0</b>	<b>15</b>

### To Contact the Auxiliary State Secretary

Cindy Balsanek • PO Box 11127 • Cedar Rapids, IA 52410-1127  
Email: [cbalsanek@mcgrathauto.com](mailto:cbalsanek@mcgrathauto.com) • Cell: 319-350-3966 • Work: 319-393-6300 ext. 293

## HANGMAN'S CORNER



Howdy Y'all

Hope y'all had a great Holiday and a start to a wonderful 2016.

I'm sure I'll see several of you at the Mid-winter Board Meeting the weekend of the 9th and 10th. But, if not there at one of the State Charity events coming up. I am really looking forward to all the traveling I get to do and the Brothers and Sisters I get to see just about every weekend between Sheldon, the last week in January, and Cash Bash the beginning of May.

Now that the Holidays are over we can start putting on the big push in membership. It would be SO Great to have every member throughout Iowa sign up one new member before June. If that happens we will double our membership and also have a net gain for the year.

So please remember:

**JUST ONE**

**Join Us & Sign That One New Eagle**

Steve Langton, Worthy President



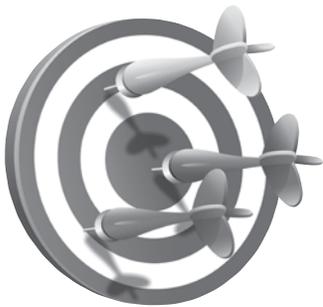
# Eagle Riders

Hello Riders, I hope you have all had a great holiday season. Chrome is always a good choice at Christmas time. I hope you all are planning on coming to the mid winter board meeting. We have many things to talk about. As usual we have the State Raffle and the State Rally. If you want the State Rally, please have information ready to share. We always have our meeting on Saturday at the Mid Winter Meeting. I will see you there.

## Reserve Your 2016 International Convention Room Today!



## Iowa State Aerie F.O.E Dart Tournament



When: January 30, 2016  
 Start time: 1:00 pm  
 Where: Waterloo 764 Aerie,  
 202 East First Street  
 Waterloo, Iowa 50703  
 Registration Fee:  
 \$7.00 Per Person.  
 100% pay out!

The player will be responsible for all money required for dart machines!

The tournament shall consist of

501 – Cricket - 501 tournament rules!

Come & try for the Larry Hanshaw travelling trophy,  
 Best average score per Player.

Scoring will be determined by the sum of the total points per Aerie.

The Kitchen will be open during the tournament!

**Come for Darts, Stay for Breakfast!**  
**Omelets only \$7.00 • January 31, 2016**  
**Build your own Omelet! 8 am – 11 am**

This summer, we're heading back to the Biggest Little City in the World for the 2016 Fraternal Order of Eagles International Convention.

The Grand Sierra Resort and Casino, hosts of the 2009 and 2013 International Conventions, will once again welcome Eagles for a week of fun, festivities and fraternalism.

Rooms are available at a special Eagles rate of \$89 per-night with no resort fee. ALL Convention-related activities will be taking place within the Grand Sierra Resort.

Convention is the signature event of the fraternal year and we're proud to partner with the Grand Sierra Resort to make the 2016 event another tremendous success!

For those who would like to book a room via phone, please call toll free at 800-648-5080. To book now online, please click the link below.

All Hospitality Suites will need to be booked through the Convention Director and rates will be sent out to Hospitality Chairmen in January. A limited number of RV sites are also available by calling the hotel reservations number.